BOARD TECHNICAL BULLETIN

15 NOVEMBER 1976 ISSUE V

Remimeo Level III chksheet Class III and above SH Orgs

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CANCELS BTB 8 JANUARY 1972R **ISSUE III "0-IV EXPANDED** GRADE PROCESSES - TRIPLES GRADE 3 PROCESSES"

(Revisions in script.)

0-IV EXPANDED GRADE PROCESSES - QUADS PART E **GRADE 3 PROCESSES**

This bulletin gives a checklist of the Expanded Quad Grade process commands. These are not all the possible processes for this Level. If more are needed to attain the EP for the Level, additional processes can be found in LRH Bulletins, Books, Tapes, PABs and other issues. Each process listed is run to its full EP. Any process previously run is rehabbed or completed

and any missing flows are run.

A copy of this checklist is placed in the folder of a pc being run on Expanded Grades and the processes are checked off with an F/N and date as each is run to EP. This bulletin does not replace Source data.

CHANGE PROCESS

Same and Ref: Ability Major 6, 1955. F-1 'What does another want changed about you?" "What does another want unchanged about you?" to EP F-2 "What do you want changed about another?" "What do you want unchanged about another?" 1. 1997 March 1997 - 1997 - 1997 to EP $1 \leq 1 \leq 1 \leq N$ "What do others want changed about others?" F-3 Care Sec. 3. "What do others want unchanged about others?" to EP New A 18. 11 'What do you want changed about yourself?" F-0 "What do you want unchanged about yourself?" to EP well and the **R2 - 50 CHANGING MINDS** 12 Ref: Creation of Human Ability p. 128 (Both are done ambulant) and the second of the second second second "Walk over to this spot." "Now decide you have to appear there." So that there." Now change your mind and decide you have to disappear there." "Now change your mind and decide you have to appear there." "A note of warning: this does not work on interiorized preclears with any great value. This process can be used on a non-exteriorized thetan, however, and on those who are uneasily exteriorized, by having them stand in one place with an idea that they have to appear there, and then change their minds, and disappear there." LRH (See Creation of Human Ability p. 128-129 for more information.) R2-63 ACCEPT-REJECT Ref: Creation of Human Ability R2-63, p. 157. NOTE: "If your no keeps putting of reliation "If your pc keeps putting conditions of change in everything before he can accept it, you must persuade him to find things he can accept without changing them." LRH "Find something about yourself which you can accept." Run repetitively to EP THEN: 1 Sec. 24 "Find something about yourself you can reject." Run repetitively to EP and the second and the state of t An and the or that are THEN: "Find something in this room you can accept." Run repetitively to EP

and the second THEN: 1.14

"Find something about this room you can reject."

Run repetitively to EP

BTB Iss V	15.11.76	u Allah yang Sukati Ut		
	THEN:			
	"Find something about this Universe you can accept."	Run repetitively to EP	n an an an An Angelaichte Aige an an Ailtige	
	THEN:			
	"Find something in this Universe you can reject."	Run repetitively to EP		
	5 ALTERATION Creation of Human Ability R2-65, p. 159			
PAR	FA:			
F-1	"Can you recall a time when you failed to change som	e energy in this Universe?" Run repetitively to EP	a na dia dia a	
F-2	"Can you recall a time when another failed to change so	me energy in this Universe?" Run repetitively to EP		
F-3	"Can you recall a time when others failed to change so	ome energy in this Universe? Run repetitively to EP	500	
F-0	"Can you recall a time when you failed to change som	e energy of your own?" Run repetitively to EP		
PAR	ГВ:			
F-1	"Can you recall a time when you failed to change som	e space of another?" Run repetitively to EP	a for the second second and the second	
F-2	"Can you recall a time when another failed to change	some space of yours?" Run repetitively to EP		
F-3	"Can you recall a time when others failed to change so	ome space of others?" Run repetitively to EP	. • • • • • • • • • • •	
F-0	"Can you recall a time when you failed to change som	e space of your own?" Run repetitively to EP		
PAR	TC:			
F-1	"Can you recall a time when you failed to change ano	<i>ther's body?"</i> Run repetitively to EP	l a a sjevergje s Solation Z	
F-2	"Can you recall a time when another failed to change	your body?" Run repetitively to EP	· · · · · · · · · ·	
F-3	"Can you recall a time when others failed to change o	<i>thers' bodies?"</i> Run repetitively to EP		
F-0		Run repetitively to EP	Соден • • • • • • • •	
NOTE: These Part C questions above are the ones you stress. "He may get nothing on space at all BUT such incidents are in his recall or space would not exist for him at all." LRH				
PAR	TD:	an an an Araba an Ar Araba an Araba an Arab		
F-1	"Can you recall a time when another failed to change			
F-2	"Can you recall a time when you failed to change a m	emory <i>of another?"</i> Run repetitively to EP		
F-3	"Can you recall a time when others failed to change m	nemories <i>of others?"</i> Run repetitively to EP		
F-0	"Can you recall a time when you failed to change a m	emory of your own?" Run repetitively to EP		
PARTIE: A state of the second s				
F-1	"Can you recall a time when another successfully chan	nged something <i>of yours?"</i> Run repetitively to EP		
F-2	"Can you recall a time when you successfully changed	something of another's?" Run repetitively to EP	•••••	

F-3 "Can you recall a time when others successfully changed some things of others?" Run repetitively to EP

BTB 15 Iss IV	5.11.76	e to a	- 3 -	an an a
F-0 "C	San you recall a time	when you successfully	y changed something of your own	2″ 2″
R2-68 INCOMPRENSIBILITY Ref: Creation of Human Ability R2-68, p. 161.				
"S	pot something incor	nprehensible."	¹⁴⁴ The table side at the end of the second se	Sec. Martin
			Run repetitively to El	
HAS IV Ref: H(DITIONAL HAS PROC		in diatan sa
F-1 "0	Set the idea of anoth Set the idea of anoth	er not changing you,"	Run alternately to EP	ette generation suide Reception de la companya de la compa
F-2 "(· · · · · · · · · · · · · · · · · · ·	hanging another." ot changing another."	Bun alternately to EP	
	Set the idea of others			
E 0 110	Nadaha idan afahasa		Run alternately to EP	
r-0 6 "G	et the idea of chang fet the idea of not <mark>c</mark> l	ng yoursen. hanging yourself."	Run alternately to EP	the sector of th
N(sel	OTE: "The (C/S) m lected terminal (HAS	nay add "something" S IVc) to these comma	(HAS IVa), "Somebody" (HAS inds at his discretion." LRH	IVb) or a meter
	GE, NO CHANGE & COB 30 Apr 61R CH		ND COMMANDS	n an an Araba An Anna an Anna Anna Anna Anna Anna An
PART /		Get the idea' by meter's	reaction. Use one that produces th	e most fall."LRH
Υ ΄ Τ	hink (get the idea) o hink of a no-change hink of a failed char	 If a state of the state of the	geboorden op Standard van de St Standard van de Standard van de Standard van de Standard van de	denge Ministration - 14 予約開始 - 173
			Run in sequence 1, 2, 3, 1, 2, 3, etc to	EP
PART				
**F	Recall a change." Recal a no-change." Recall a failed change	and a start of the second s Second second s	in an 1995 an ann an an Aurice an Aurice an Aurice Iomraichte an 1993 ann an Aurice an Aurice Iomraichte an Aurice Run în sequènce a fair	• s
		an a	1, 2, 3, 1, 2, 3, etc to	EP 2
PART	D: The second se			
" v	What change have you	Lavoided?"		
		u sought?"	national to British and Angele and ¹⁹⁸ - Charles Run altérnately to EP	
	Vhat change has anot	u sought?"	enders and the Broad and Supervision ¹³⁸ - Charles Pierre Run altérnately to EP	
	(1-s) = (1-s) + (1-s) = (1-s) = (1-s) + (1-s) = (1-s) = (1-s) + (1-s) = (1-s	u sought?"	Run alternately to EP	
"V F-3 ''V	Vhat change has anot	u sought?" ther avoided?" ther sought?" ners avoided?"	Run alternately to EP	
F-3 '∿ ± 5 '℃	Vhat change has anot Vhat change has anot Vhat change have oth Vhat change have oth	u sought?" ther avoided?" ther sought?" ners avoided?" ners sought?"	Run alternately to EP Run alternately to EP Run alternately to EP	•••••
F-3 'V F-3 'V F-0 'W	Vhat change has anot Vhat change has anot Vhat change have oth Vhat change have oth Vhat change of yours	u sought?" ther avoided?" ther sought?" ners avoided?" ners sought?" self have you avoided? self have you sought?"	Run alternately to EP Run alternately to EP Run alternately to EP	•••••
"V F-3 'V F-0 "W F-0 "W	Vhat change has anot Vhat change has anot Vhat change have oth Vhat change of yours Vhat change of yours Vhat no-change have Vhat no-change have	u sought?" ther avoided?" ther sought?" ners avoided?" ners sought?" self have you avoided? self have you sought?" you avoided?" you sought?"	Run alternately to EP Run alternately to EP Run alternately to EP	
"V F-3 'V F-0 "V F-0 "V F-1 "V "V	Vhat change has anot Vhat change has anot Vhat change have oth Vhat change of yours Vhat change of yours Vhat no-change have Vhat no-change have	u sought?" ther avoided?" ther sought?" hers avoided?" hers sought?" self have you avoided? self have you sought?" you avoided?" you sought?"	Run alternately to EP Run alternately to EP Run alternately to EP Run alternately to EP Run alternately to EP	
"V F-3 'V F-0 "V F-0 "V F-1 "V "V	Vhat change has anot Vhat change has anot Vhat change have oth Vhat change of yours Vhat change of yours Vhat no-change have Vhat no-change have	u sought?" ther avoided?" ther sought?" hers avoided?" hers sought?" self have you avoided? self have you sought?" you avoided?" you sought?"	Run alternately to EP Run alternately to EP	
"V F-3 "V F-0 "W F-1 "V F-2 "V F-3 "V	Vhat change has anot Vhat change has anot Vhat change have oth Vhat change of yours Vhat change of yours Vhat no-change have Vhat no-change have	u sought?" ther avoided?" ther sought?" hers avoided?" hers sought?" self have you avoided? self have you sought?" you avoided?" you sought?" nother avoided?" nother sought?"	Run alternately to EP Run alternately to EP	
"V F-3 "V F-0 "W F-1 "V F-2 "V F-3 "V "V	Vhat change has anot Vhat change has anot Vhat change have oth Vhat change have oth Vhat change of yours Vhat change of yours Vhat no-change have Vhat no change has a Vhat no change has a Vhat no change has a	u sought?" ther avoided?" ther sought?" hers avoided?" hers sought?" self have you avoided? self have you sought?" you avoided?" you sought?" nother avoided?" nother sought?"	Run alternately to EP Run alternately to EP	

BTB 15.11.76 - 4 -				
F-1. "What failed change have you avoided?" "What failed change have you sought?"				
"What failed change have you sought?"	Run alternately to EP			
F-2 "What failed change has another avoided?" "What failed change has another sought?"	ne ne service de la companya de la c Internet de la companya de la company Internet de la companya de la company			
	Run alternately to EP			
F-3 "What failed change have others avoided?" "What failed change have others sought?"				
	Run alternately to EP			
F-0 "What failure to change yourself have you avoided?" "What failure to change yourself have you sought?"				
	Run alternately to EP			
PART D:				
15 WAY BRACKET: CHANGE - NO CHANGE - FAILE				
 "How have you changed?" (something or som "How has tried to change you?" "How has changed another?" 	IEDOGY)			
4. "How has another changed?"				
5a. "How have you changed yourself?"				
 6. "What have you not changed?" 7. "What has not changed you?" 8. "What has not changed?" 				
 8. "What has not changed?" 9. "What has not changed?" 10. "What has				
 9. "What has not changed?" 10. "What has not changed self?" 10a. "What have you not changed about yourself?" 11. "What have you failed to change?" 				
 12. "What has failed to change you?" 13. "What has failed to change?" 				
 14. "What has failed to change?" 15. "What has failed to change self?" 				
15a. "What have you failed to change about yourself?"	Run consecutively to EP			
ана и на				
Ref: HCOB 6 Aug 68 R3H HCOB 1 Aug 68 THE LAWS OF LISTING AND NUL	LING			
F-1 "1. Locate a change in life by listing to BD F/N it				
 "What change has another caused in your life? "2. Get some of the data of it (don't run as an e "3. Find out by assessment if this was a break in 				
5. This out by assessment in this was a broak in	Affinity Reality			
	Reality Communication or Understanding			
"4. and have the pc examine that briefly."5. Taking the one found in '3' find out by assess				
5. Taking the one found this find out by assess	Curious about			
	Desired			
	Inhibited			
	Refused. E/Sim ARC/B etc to EP			
الم	LRH			
F-2 1. Locate a change in another's life by listing t caused in another's life?"				
 Get some of the data of it (don't run as an engram) so you know what the change was. Find out by assessment if this was a Break in 				
	Affinity Reality			
	Communication or Understanding			
4. And have the pc examine that briefly.5. Taking the one found in '3' find out by assess	ment if it was			

			Curious about Desired Enforced Inhibited No Refused E/Sim ARC/B etc. to EP	
F-3	1. 2. 3.	Locate a change by listing to BD F/N item: "What change have others caused in other's lives?" Get some data of it (don't run as an engram) so you know what the change was. Find out by assessment if this was a Break in		
	0.		Affinity Reality Communication or Understanding	
	4. 5.	and have the pc examine that briefly. Taking the one found in '3' find out by assessme	·	
F-0	'What	a change by listing to BD F/N item: change have you caused in your own life?" /CDEINR as above to EP	· · · · · · · · · · · · · · · · · · ·	
HA\	/INGNE	SS:		
F-1	"What	could another make unknown to you about that	(room object)?" Run repetitively to EP	
F-2	"What	could you make unknown to another about that	(room object)?" Run repetitively to EP	
F-3	"What	about that (room object) could someone make u	nknown to others?" Run repetitively to EP	
F-0	"What	about that (room object) could you make unkno	wn to yourself?" Run repetitively to EP	
			Revised and Reissued as BTB by Flag Mission 1234	
			I/C: CPO Andrea Lewis 2nd: Molly Harlow	
			Revised by FMO 1689 I/C for Training and Ser Aide	
			Approved by Lt. David Mayo Senior C/S Flag and Msm. John Eastment CS-5	
			Authorized by AVU and LRH Pers Comm	
			for the	
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